

Daily Meditations for September 22 to 28
with Rev Dr Richard Chung

Sunday September 22

Verse: James 4:8

"Come near to God and he will come near to you."

Meditation:

God desires closeness with us. Take time today to draw near to Him, knowing that He eagerly responds to your approach.

Prayer:

Lord, I long to be close to You. Draw me into Your presence, and let me experience the fullness of Your love and grace. Amen.

Monday September 23

Verse: Mark 9:42

"If anyone causes one of these little ones—those who believe in me—to stumble, it would be better for them if a large millstone were hung around their neck and they were thrown into the sea."

Meditation:

Our actions have consequences, especially towards the vulnerable. Reflect on how your behavior influences others, and seek to be a positive example.

Prayer:

Jesus, help me to live in a way that leads others closer to You. Protect me from causing harm and guide me in being a light to those around me. Amen.

Tuesday September 24

Verse: Psalm 19:1

"The heavens declare the glory of God; the skies proclaim the work of his hands."

Meditation:

Creation itself testifies to God's greatness. Take a moment today to marvel at the beauty around you and offer praise to the Creator.

Prayer:

Creator God, thank You for the beauty of the world around me. May I always be in awe of Your handiwork and give You the glory You deserve. Amen.

Wednesday September 25

Verse: James 5:16

"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

Meditation:

Confession and prayer bring healing and strength. Seek out someone you trust today to share in prayer and mutual support.

Prayer:

Lord, help me to be honest and open in my relationships. Let my prayers be filled with sincerity and bring healing to those in need. Amen.

Thursday September 26

Verse: Mark 9:50

"Salt is good, but if it loses its saltiness, how can you make it salty again? Have salt among yourselves, and be at peace with each other."

Meditation:

We are called to be the salt of the earth, preserving and enhancing the world around us. Reflect on how you can bring flavor and peace into your community today.

Prayer:

Lord, help me to be the salt in my community, bringing peace and preserving the goodness You desire for this world. Amen.

Friday September 27

Verse: Isaiah 35:10

"And those the Lord has rescued will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away."

Meditation:

God's redemption brings joy and restoration. Reflect on the joy of salvation and how it transforms your life today.

Prayer:

Thank You, Lord, for the joy of Your salvation. Let gladness and joy fill my heart, driving away all sorrow and fear. Amen.

Saturday September 28

Verse: James 5:13

"Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise."

Meditation:

Prayer and praise should be our response in every situation. Whether in joy or difficulty, turn your heart to God today.

Prayer:

Lord, I bring all my troubles to You in prayer and all my joys to You in praise. Be with

me in every moment and guide my heart to respond in faith. Amen.