

Daily Meditations
for September 29 to October 5
by Rev Dr Richard Chung

September 29 Sunday

Verse: Mark 10:15

"Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it."

Meditation:

Childlike faith is marked by trust and simplicity. Reflect on how you can approach God with the openness and wonder of a child today.

Prayer:

Lord, give me a childlike heart that trusts You fully. Help me to approach Your kingdom with humility and awe. Amen.

September 30 Monday

Verse: Psalm 121:2

"My help comes from the Lord, the Maker of heaven and earth."

Meditation:

God is our ultimate source of help and strength. In whatever challenges you face today, remember that your help comes from the Creator of all things.

Prayer:

Lord, I lift my eyes to You, my help and my strength. Sustain me today in all that I do, and remind me that You are always with me. Amen.

October 1 Tuesday

Verse: Psalm 8:3-4

"When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them?"

Meditation:

In the vastness of creation, God knows and cares for each of us personally. Today, reflect on His attention to your life and give thanks for His love.

Prayer:

Creator God, thank You for being mindful of me amidst the greatness of Your creation. Help me to recognize Your care in the details of my life. Amen.

October 2 Wednesday

Verse: Hebrews 1:3

"The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word."

Meditation:

Jesus is the perfect reflection of God's glory. Reflect on how you can reflect His light in your actions, words, and decisions today.

Prayer:

Lord Jesus, shine Your light through me. Help me to reflect Your love and grace to those I encounter today. Amen.

October 3 Thursday

Verse: Mark 9:35

"Anyone who wants to be first must be the very last, and the servant of all."

Meditation:

Greatness in God's kingdom is found in humility and service. Look for ways to serve others with a joyful heart today, following Jesus' example.

Prayer:

Jesus, teach me to serve with humility. Let my actions reflect Your love, and may I find joy in serving others as You did. Amen.

October 4 Friday

Verse: Job 1:21

"The Lord gave, and the Lord has taken away; may the name of the Lord be praised."

Meditation:

In both gain and loss, God remains sovereign. Choose to praise Him today, regardless of your circumstances, trusting that He is in control.

Prayer:

Sovereign Lord, I praise You in every circumstance. Whether in times of abundance or difficulty, I trust in Your goodness and faithfulness. Amen.

October 5 Saturday

Verse: Hebrews 4:12

"For the word of God is alive and active, sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

Meditation:

God's Word is living and transformative. Take time today to open your heart to its teachings and let it shape your life.

Prayer:

Living Word, speak to my heart today. Let Your truth transform me and guide me in

Your ways. Amen.