

**Daily Meditation for the week of March 23 to 29, 2025**

**Sunday, March 23, 2025 (Third Sunday of Lent)**

- Verse:** Samuel 16:7b  
*"For the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart."*
- Meditation:** Lent is a season to examine your heart. Invite God to search your inner life and lead you in His ways.
- Prayer:** Lord, help me see myself and others as You do—through the lens of grace and truth.  
Amen.

**Monday, March 24, 2025 (Fourth Week of Lent)**

- Verse:** Psalm 23:1-2  
*"The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside still waters."*
- Meditation:** God is your Shepherd, providing rest and peace even during life's challenges. Rest in His care today.
- Prayer:** Lord, thank You for being my Shepherd and leading me to places of peace and renewal.  
Amen.

**Tuesday, March 25, 2025 (Fourth Week of Lent)**

- Verse:** Ephesians 5:8  
*"For once you were darkness, but now in the Lord you are light. Live as children of light."*
- Meditation:** Lent is a time to live into the light of Christ. Let His light shine through you to brighten the lives of others.
- Prayer:** Lord, help me walk as a child of Your light, sharing Your love and hope with others.  
Amen.

**Wednesday, March 26, 2025 (Fourth Week of Lent)**

- Verse:** John 9:25b  
*"One thing I do know, that though I was blind, now I see."*
- Meditation:** Jesus opens our spiritual eyes to see His truth and grace. During Lent, ask Him to reveal His work in your life.
- Prayer:** Lord, open my eyes to Your truth and help me see Your hand at work in my life. Amen.

#### **Thursday, March 27, 2025 (Fourth Week of Lent)**

- Verse:** Psalm 23:4  
*"Even though I walk through the darkest valley, I fear no evil; for You are with me; Your rod and Your staff—they comfort me."*
- Meditation:** God is with you in the darkest valleys. Trust in His presence and let His comfort sustain you.
- Prayer:** Lord, thank You for walking with me through every challenge and for being my comfort and strength. Amen.

#### **Friday, March 28, 2025 (Fourth Week of Lent)**

- Verse:** Ephesians 5:14  
*"Sleeper, awake! Rise from the dead, and Christ will shine on you."*
- Meditation:** Lent calls us to awaken to God's presence and purpose. Let His light shine on areas of your life that need renewal.
- Prayer:** Lord, awaken my heart and spirit to Your call, and let Your light shine through me. Amen.

#### **Saturday, March 29, 2025 (Fourth Week of Lent)**

- Verse:** John 9:39  
*"Jesus said, 'I came into this world for judgment so that those who do not see may see, and those who do see may become blind.'"*
- Meditation:** Jesus challenges us to examine our spiritual sight. Ask Him to reveal areas where you may need clarity and humility.
- Prayer:** Lord, help me see clearly with eyes of faith and humility. Open my heart to Your truth. Amen.