

**Daily Meditation for the week of March 30 to April 5, 2025**

**Sunday, March 30, 2025 (Fourth Sunday of Lent)**

**Verse:** Ezekiel 37:5-6

*"Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord."*

**Meditation:** God breathes life into what seems dead. Reflect on areas of your life where you need His renewal and restoration.

**Prayer:** Lord, breathe Your life into me and renew my spirit, so I may know You more deeply. Amen.

**Monday, March 31, 2025 (Fifth Week of Lent)**

**Verse:** Psalm 130:5

*"I wait for the Lord, my soul waits, and in His word I hope."*

**Meditation:** Waiting on the Lord requires patience and trust. Use this season of Lent to rest in His promises and place your hope in His Word.

**Prayer:** Lord, teach me to wait on You with patience and trust, knowing that Your Word is true. Amen.

**Tuesday, April 1, 2025 (Fifth Week of Lent)**

**Verse:** Romans 8:6

*"To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace."*

**Meditation:** Lent invites us to shift our focus from earthly concerns to the Spirit, which brings true peace and life.

**Prayer:** Lord, help me set my mind on Your Spirit, so I may experience life and peace. Amen.

**Wednesday, April 2, 2025 (Fifth Week of Lent)**

**Verse:** John 11:25-26

*"Jesus said to her, 'I am the resurrection and the life. Those who believe in Me, even though they die, will live, and everyone who lives and believes in Me will never die. Do you believe this?'"*

**Meditation:** Jesus offers eternal life to those who believe. Take time to reflect on His promise and its impact on your faith.

**Prayer:** Jesus, thank You for being my resurrection and life. Help me trust in Your promises every day. Amen.

#### **Thursday, April 3, 2025 (Fifth Week of Lent)**

**Verse:** Ezekiel 37:14

*"I will put My spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the Lord, have spoken and will act, says the Lord."*

**Meditation:** God's Spirit brings life and renewal. Trust in His power to restore you and guide you into His promises.

**Prayer:** Lord, fill me with Your Spirit and renew my heart and mind, so I may live fully in You. Amen.

#### **Friday, April 4, 2025 (Fifth Week of Lent)**

**Verse:** Psalm 130:7

*"O Israel, hope in the Lord! For with the Lord there is steadfast love, and with Him is great power to redeem."*

**Meditation:** God's steadfast love and redemption are available to all who hope in Him. Let this hope sustain you during Lent.

**Prayer:** Lord, I place my hope in You, knowing that Your love and redemption are unchanging. Amen.

#### **Saturday, April 5, 2025 (Fifth Week of Lent)**

**Verse:** Romans 8:11

*"If the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will give life to your mortal bodies also through His Spirit that dwells in you."*

**Meditation:** The same Spirit that raised Jesus lives in you. Reflect on the power of His Spirit at work in your life today.

**Prayer:** Lord, thank You for the Spirit that gives life and strength. Help me live in the power of Your resurrection. Amen.