
Daily Meditation for the week of May 4 – 10, 2025

May 4, 2025 (Sunday)

Key Verse: James 1:5

“If any of you is lacking in wisdom, ask God, who gives to all generously and ungrudgingly, and it will be given you.”

Meditation: God generously gives wisdom when we ask. What decision are you bringing before Him today?

Prayer: Lord, I need your wisdom. Guide my thoughts and choices with your clarity and peace. Amen.

May 5, 2025 (Monday)

Key Verse: Galatians 6:9

“So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up.”

Meditation: Persistence matters. Even small acts of goodness build the kingdom of God. Keep going.

Prayer: Lord, help me stay faithful in doing good. Encourage me when I grow weary. Amen.

May 6, 2025 (Tuesday)

Key Verse: Psalm 46:1

“God is our refuge and strength, a very present help in trouble.”

Meditation: God isn’t far off. He is with you right now—a present help. Where do you need His strength today?

Prayer: God, be my refuge in this moment. Shelter me and strengthen me in your love. Amen.

May 7, 2025 (Wednesday)

Key Verse: 2 Corinthians 5:17

“So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!”

Meditation: In Christ, every day is a chance to start anew. Embrace the gift of fresh beginnings.

Prayer: Jesus, thank you for making me new. Let my life reflect your transforming grace. Amen.

May 8, 2025 (Thursday)

Key Verse: Philippians 2:3

“Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves.”

Meditation: Humility fosters unity and love. How can you put someone else’s needs before your own today?

Prayer: Lord, teach me true humility. Help me to serve others with a generous and selfless heart. Amen.

May 9, 2025 (Friday)

Key Verse: Matthew 11:28

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.”

Meditation: Jesus invites the weary to find rest in Him. Lay your burdens at His feet.

Prayer: Jesus, I come to you tired and overwhelmed. Give me rest for my soul. Amen.

May 10, 2025 (Saturday)

Key Verse: Ephesians 4:2

“With all humility and gentleness, with patience, bearing with one another in love.”

Meditation: Relationships grow when we are patient and gentle. Practice bearing with others in love today.

Prayer: Lord, help me to walk gently and love patiently, just as you have loved me. Amen.