

5590 Balaclava Street Vancouver, BC V6N 1L1 T. 604.261.3747 E. knox5600@telus.net www.knoxvan.com

Daily Meditation for the week of October 05 - 11, 2025

October 05, 2025 (Sunday)

Key Verse: Romans 5:5

"Hope does not disappoint us, because God's love has been poured into our hearts."

Meditation: God's love sustains hope. Let that love fill you today.

Prayer: Pour your love into my heart, Lord, and help me live in hope. Amen.

October 06, 2025 (Monday)

Key Verse: Psalm 119:105

"Your word is a lamp to my feet and a light to my path."

Meditation: God's word provides direction even in uncertain moments. Let it guide your steps.

Prayer: Light my path today, Lord, and show me where to walk. Amen.

October 07, 2025 (Tuesday)

Key Verse: Colossians 3:12

"Clothe yourselves with compassion, kindness, humility, meekness, and patience."

Meditation: Each day offers a chance to dress your heart with grace. Choose kindness.

Prayer: Lord, help me wear compassion and humility wherever I go. Amen.

October 08, 2025 (Wednesday)

Key Verse: John 10:10

"I came that they may have life, and have it abundantly."

Meditation: Jesus invites you into full, vibrant living. Don't settle for survival.

Prayer: Jesus, lead me into the fullness of life you promise. Amen.

October 09, 2025 (Thursday)

Key Verse: James 1:5

"If any of you is lacking in wisdom, ask God, who gives to all generously."

Meditation: Wisdom isn't reserved for the few. Ask, and receive what you need. **Prayer:** God, I need your wisdom today. Teach me to discern your way. Amen.

October 10, 2025 (Friday)

Key Verse: Psalm 37:4

"Take delight in the Lord, and he will give you the desires of your heart."

Meditation: When your joy is rooted in God, your desires begin to align with His.

Prayer: Lord, help me find my deepest joy in you alone. Amen.

October 11, 2025 (Saturday)

Key Verse: Isaiah 41:10

"Do not fear, for I am with you... I will strengthen you and help you."

Meditation: Fear fades in the presence of God's strength. You're not alone. **Prayer:** God, calm my fears and hold me steady with your help. Amen.