



Knox United Church

November 2, 2025

NEWS & NOTES



**Rev. Richard Chung will be away from
October 13th to November 11th**

**If you have a pastoral care emergency during this time
please contact Rev. Aaron Miller at 604-779-8720**

**Knox welcomes the following Guest Preachers
during Rev. Richard Chung's absence.**



November 2
(All Saints Sunday)



**This Sunday we are delighted to
"Welcome Home to Knox"
Rev. Cari Copeman-Haynes.**

After many years of congregational ministry, Rev. Cari is now serving the United Church as the Vocational Minister for Southern Alberta and B.C. We are so pleased to have you leading us in worship this morning, Cari!



November 9
(Remembrance Sunday)



Robin Anderson
(VST Student, UHill United)

Rev. Richard Chung
*Returns to Knox
On Sunday, November 16*



Knox Welcomes Guest Organist Gerald Harder



A native of the Fraser Valley, Gerald Harder undertook initial organ study with Richard Unfreid at Biola University in Los Angeles. Graduate study in organ performance and choral conducting took him to the University of Western Ontario in London, where he studied with Hugh McLean. Gerald holds the Associate Diploma of the Royal Canadian College of Organists.

He has served churches in Los Angeles, Ottawa, Victoria, and Vancouver, as organist and music director, including here at Knox in 1991. In June of this year he retired as Organist & Choirmaster at St James Anglican Church, Vancouver, a position he held since 2000. An avid singer, Gerald continues to sing bass with the Vancouver Cantata Singers.

Gerald will be offering his music skills for a few Sundays in November and December, and into 2026.



What's Happening at Knox



DAILY MEDITATIONS

*Easily catch up on, review
or share the Daily
Meditations any time.*

*Find them in video, text
or printable format at*

knoxvan.com

Revisit Rev. Richard's Fall Vodcast Series:

"What I Wish I'd Known Earlier"



***All 6 Episodes are available
on the Knox website
at knoxvan.com***

Knox Weekly Calendar

Nov 2	2:00 am	DAYLIGHT SAVINGS ENDS (<i>Clocks go back one hour</i>)
	10:00 am	Sunday Worship Service - All Saints Sunday with Communion <i>Guest Minister: Rev. Cari Copeman-Haynes</i>
	11:00 am	Sunday Lunch & Fellowship Time
Nov 3	1:00 pm	Monday Afternoon Social
	7:00 pm	Rental: Alanon
Nov 4	1:00 pm	Healing Touch (<i>by appointment</i>)
Nov 5	3:00 pm	Rental: Acting UP! Musical Theatre
Nov 6	1:45 pm	Stretch & Strength - Senior's Fitness Class
	7:00 pm	Knox Choir Practice
Nov 9	10:00 am	Sunday Worship Service - Remembrance Sunday <i>Guest Minister: Robin Anderson (VST Student, UHill)</i>
	11:00 am	Fellowship Time



SUNDAY LUNCH!

***Join us on Sunday,
November 2nd
for Lunch and Fellowship Time
following the Worship Service***



***DAYLIGHT SAVINGS BEGINS
AT 2:00am on SUNDAY
MORNING!(Nov 2nd)***



***Don't forget to set
your clocks BACK
one hour before
going to bed on
Saturday night or
you'll be very early
for church!***

MONDAY AFTERNOON SOCIALS

***It's
Fun!***

***1:00pm-4:00pm
at Knox***

Puzzles



Painting



**Arts &
Crafts**



**Card
Games**



**Coffee, Tea
& treats**



Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

***Thursdays
1:45pm-2:45pm***

***All Classes are Drop-in \$10 per week,
Payable at Class (Debit, Credit, Cash)***



***For more information
contact Knox at 604-261-3747
or email: knox5600@telus.net***

Submissions for the Knox News & Notes

***If you wish to submit a notice to appear in the Knox News & Notes,
please email the Knox Office at knox5600@telus.net.
The weekly deadline for submissions is Wednesday at Noon.***



Community Events




**THE
AWESOME
SALE**

Children's
Table

Has discovered Christmas!!

Sat Nov 22nd 10 - 2pm

Shaughnessy Heights United Church
1550 West 33rd Ave, Vancouver (street parking only)

Christmas Treasures, Jewelry, Books, Puzzles,
Vintage Clothing & Sports wear, Art, Electronics,
Bake table, Hot Dogs Housewares & Accessories



VANCOUVER GOGOS GROUPS

**HOLIDAY
POP UP SALE**

SUNDAY, NOV. 30TH
FROM 10 AM TO 2:30PM

St. James Community Square
3214 West 10th Ave. Vancouver

ENTER GROUND LEVEL DOOR ON
MUSQUEAMVIEW STREET.

Beautifully handcrafted items for sale,
perfect for the season: baking, soup
mixes, tote bags, cutting boards &
spoons, knitwear, handmade ornaments,
soaps, jewellery & much, much more!

All proceeds to the Stephen Lewis Foundation
Grandmothers to Grandmothers Campaign.

CLICK HERE
FOR THE
FOOD MAP



Free and Low-Cost Food Map

An updated "Free and Low-Cost Food Map" is available on the City of Vancouver website. The eleven-page brochure lists eighty-one locations, across the city, where affordable meals and Community Fridges are available.

If you are unable to print a copy of these resources please contact the Knox Office for assistance.



Knox United Church

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Web Admin: web@knoxvan.com

Minister: Rev. Richard Chung
Board Chairperson: Susan McAlpine
Office Administrator: Sharon Bliss



Mission:

**"We exist to love God and love
our neighbours"**
(Matthew 22: 36-40)

Vision:

**"We aspire to engage our
neighbours through the arts,
building a community without
loneliness"**