



Knox United Church

February 1, 2026

News & Notes

If you have a pastoral care emergency,
please contact Rev. Richard Chung at 250-215-0703

EPIPHANY SERMON SERIES WITH REV. RICHARD (JANUARY-FEBRUARY)

Beginning Again: God Shows Up in Unexpected Ways

Throughout Epiphany, we see Jesus stepping into ordinary places and meeting people exactly where they are — often before they are ready or aware. Each Gospel story reveals a fresh beginning as Jesus invites us to follow Him in real time, opening our eyes to what God is quietly doing in and around us.

UPCOMING SERVICES AT KNOX

February 1

Matthew 5:1-12

"Blessed Before Changed"

February 8

Matthew 5:13-20

"You Already Are"

VODCAST SERIES WITH REV. RICHARD "Noticing the Light"

For people who are thoughtful, tired, or quietly searching.

This series offers a gentle reflection on how clarity and meaning often arrive slowly—through ordinary moments, honest waiting, and paying attention to what's already here.

Available on the Knox Website



Daily Meditations

Find them in
video, text or
printable format
at knoxvan.com

COFFEE AND CHAT WITH REV RICHARD

In the privacy of the Knox Vestry

Wednesdays
10:00am-2:00pm

Feel free to drop in
or call him at
250-215-0703
to schedule a time.



Mark Your Calendars.... Important Upcoming Dates at Knox

FEBRUARY 15th - Following worship, an informal congregational discussion of Music Survey results, our Organ, and Organists. Lunch will be served.

FEBRUARY 22nd - After worship, we will hold a Special Congregational Meeting to discuss and approve the new Associate Minister job description. Timbits will be served (along with coffee and tea) to sustain us!

MARCH 8th - Annual Congregational Meeting. Lunch will be served.

NOTE: This is also the first day of Daylight Savings. Set your clocks forward by 1 hour before you go to bed on March 7 so you won't miss the meeting.

Feb 1 10:00 am Sunday Worship Service
11:00 am Fellowship Time

Feb 2 1:00 pm Monday Afternoon Socials
7:00 pm Rental: Alanon

Feb 3 1:00 pm Healing Touch (by appointment)

Feb 4 10:00 am Coffee & Chat with Rev Richard (Vestry)
3:00 pm Rental: Acting UP! Musical Theatre

Feb 5 1:45 pm Stretch & Strength Seniors Fitness Class
7:00 pm Knox Choir Practice

Feb 8 10:00 am Sunday Worship Service (Sacrament of Baptism for Asher Mindess)
11:00 am Fellowship Time

Knox Weekly Calendar



SACRAMENT OF BAPTISM



On February 8th, our congregation will expand by one, as Asher Merle Mindess, the son of Katherine Mindess and grandson of Joanne Melville and Sidney Mindess is baptized and welcomed into our community of faith.

Join the family for cake following the service.

MONDAY AFTERNOON SOCIALS!

**1:00pm-4:00pm
at Knox**



**EVEYONE
IS
WELCOME!**



Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

Thursdays

1:45pm-2:45pm

All Classes are Drop-in \$10 per week,
Payable at Class (Debit, Credit, Cash)



For more information
contact Knox at 604-261-3747
or email: knox5600@telus.net



Knox United Church

**5590 Balaclava St.,
Vancouver, B.C. V6N 1L1
P: 604-261-3747**

Website: knoxvan.com
E: knox5600@telus.net
Web Admin: web@knoxvan.com

Minister: Rev. Richard Chung
Board Chairperson: Susan McAlpine
Office Administrator: Sharon Bliss



Mission:

"We exist to love God and love our neighbours"
(Matthew 22: 36-40)

Vision:

"We aspire to engage our neighbours through the arts, building a community without loneliness."

ST. MARY'S KERRISDALE &
JEWISH FAMILY SERVICES PRESENT:

Seniors' Trip

to the

UBC Museum of Anthropology



Date: Tuesday, February 10th

Pick up (10AM) & drop off (approx. 1PM)

@ St. Mary's Kerrisdale

Admission is \$10 cash, payable at the museum.

To sign up, contact Mandana (604) 637-3310 or

e-mail mtehrani@jfsvancouver.ca



St. Mary's KERRISDALE



Bus Pick-up/Drop-off also available from Knox.
Please contact the office to register.