

**Daily Meditation for the week of January 25 – 31, 2026**

**January 25, 2026 (Sunday)**

**Key Verse:** 1 Peter 5:7  
“Cast all your anxiety on him,...”  
**Meditation:** Offload fear; God’s hands are open.  
**Prayer:** I place my worries with you, caring God. Amen.

**January 26, 2026 (Monday)**

**Key Verse:** Galatians 6:9  
“Do not grow weary in doing what is right,...”  
**Meditation:** Perseverance is love with long legs.  
**Prayer:** Strengthen my endurance for good. Amen.

**January 27, 2026 (Tuesday)**

**Key Verse:** Psalm 34:18  
“The Lord is near to the brokenhearted...”  
**Meditation:** God’s nearness is balm for bruised places.  
**Prayer:** Hold the hurting—hold me—close today. Amen.

**January 28, 2026 (Wednesday)**

**Key Verse:** Philippians 2:3  
“...in humility regard others as better than yourselves.”  
**Meditation:** Humility makes room for grace.  
**Prayer:** Lower my pride; raise my love. Amen.

**January 29, 2026 (Thursday)**

**Key Verse:** Matthew 6:33  
“Seek first the kingdom of God...”  
**Meditation:** Order your loves; peace follows.  
**Prayer:** First your kingdom, Lord—then everything else. Amen.

**January 30, 2026 (Friday)**

**Key Verse:** Psalm 27:1

“The Lord is my light and my salvation;...”

**Meditation:** Light has already won; walk in it.

**Prayer:** Shine through my fears, O God. Amen.

**January 31, 2026 (Saturday)**

**Key Verse:** Jude 24

“Now to him who is able to keep you from falling,...”

**Meditation:** God’s keeping is steadier than your grip.

**Prayer:** Keep me standing in your grace, Lord. Amen.