



Knox United Church

March 22, 2026

News & Notes

If you have a pastoral care emergency,
please contact Rev. Richard Chung at 250-215-0703

Upcoming Services at Knox

March 22, 2026

Lent 5

"Jesus Weeps"

John 11:1-45

March 29, 2026

Palm/ Passion Sunday

"The Wrong King"

Matthew 21:1-11

April 5, 2026

Easter Sunday

"Resurrection, Slowly"

John 20:1-18

Holy Week Services, 2026

Knox is invited to join
other SummerSpirit churches



Maundy Thursday

7:00pm at Spanish Banks West

Good Friday

10:00am at Shaughnessy Heights United Church

Easter Sunday

6:30am - Sunrise Service
Queen Elizabeth Park Upper Lot

10:00am - Easter Sunday Service
Knox United Church

LENTEN VODCAST SERIES WITH REV RICHARD



"Real Time"

Episode 5: March 25
"Grief Comes First"

Before hope speaks, grief must be honored,
reminding us that love does not rush past
loss but enters it fully.

Add Your Voice: Toward 2035 Survey

Hello Friends,

The United Church of Canada has launched a short survey inviting anyone connected to the life of the church to share their awareness and experiences with Toward 2035, the framework introduced in 2025 to guide our shared direction for the next decade. You can read more about the Call and Vision behind this work on The Call and Vision webpage.

Whether you participate in worship, serve in a ministry role, volunteer, or simply feel connected to this community, your perspective is valued. The survey asks about your familiarity with Toward 2035 and what support you or our Community of Faith may need as this work unfolds.

There are no right or wrong answers. Your input will help shape future communication and resource development across the church.

Thank you for taking a few minutes to add your voice.

Warmly,
Knox United Church (Vancouver)

Estimated time: 5–10 minutes
Survey Deadline: March 31, 2026

[TAKE THE SURVEY](#)

Additional Links

[CALL AND VISION WEBSITE](#)

[TOWARD 2035](#)

Lenten Appeal

Lenten Appeal donations will go to support the Westside Churches Refugee Family Sponsorship Program.

Please use the special envelopes in the pews, online through the Knox Donation page, or e-transfer to knox5600@telus.net with a note in the message box.

[CLICK HERE FOR FOR MORE INFORMATION](#)

Kitchen Conversations with the Moderator

EPISODE 1:
Pancakes with Anna and Hanah

EPISODE 3:
Chickpeas with Aaron

EPISODE 5:
Cupcakes, Lemonade with Isla

EPISODE 2:
Frittata with Julez

EPISODE 4:
Apple Pie with Sharon

EPISODE 6:
Bulla with Alydia

Join the Right Rev. Dr. Kimberly Heath for a six-part Lenten series exploring food, faith, and the power of invitation.

DAILY MEDITATIONS

Find them
in video, text
or printable format
at knoxvan.com



COFFEE AND CHAT WITH REV RICHARD

In the privacy of the Knox Vestry



WEDNESDAYS

10:00am-2:00pm

Feel free to drop in
or call him at 250-215-0703
to schedule a time.

Mar 22 10:00 am Sunday Worship Service
11:00 am Fellowship Time

Mar 23 1:00 pm Monday Afternoon Social
7:00 pm Rental: Alanon

Mar 24 10:00 am Lenten Book Study w/Rev. Richard
5:00 pm Rental: Chants Encounter

Mar 25 10:00 am Coffee & Chat with Rev Richard (Vestry)

Mar 26 7:00 pm Knox Choir Practice

Mar 29 10:00 am Sunday Worship Service - Palm Sunday
11:00 am Fellowship Time

Knox Weekly Calendar



Monday Afternoon Socials at Knox

Mondays, 1:00pm-4:00 pm

Everyone
is
Welcome!

Bridge

Painting

Puzzles

Bring
Friends!

Coffee, Tea
& treats

Arts &
Crafts

Board
Games

It's
Fun!

Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

**NO CLASSES on
MARCH 19th or 26th**

Classes Resume on Thursday, April 2nd



Knox United Church



5590 Balaclava St.,
Vancouver, B.C. V6N 1L1
P: 604-261-3747

Mission:

*"We exist to love God and love our neighbours"
(Matthew 22: 36-40)*

Vision:

*"We aspire to engage our neighbours through the arts,
building a community without loneliness"*

Website: knoxvan.com
E: knox5600@telus.net
Web Admin: web@knoxvan.com

Minister: Rev. Richard Chung
Board Chairperson: Susan McAlpine
Office Administrator: Sharon Bliss

Submissions for the Knox News & Notes



If you wish to submit a notice to appear
in the Knox News & Notes,
please email the Knox Office at
knox5600@telus.net.

The weekly deadline for submissions is
Wednesday at Noon.



Upcoming Concerts & Events

LA FIAMMATA

1 PIANO 1 HOUR 4 HANDS



LINDA RUAN
CHARISSA VANDIKAS

Experience an hour of profound
Romantic piano music composed for 4 hands:
Rachmaninov, Schubert, Chaminade & Saint-Saëns

KNOX UNITED CHURCH
5590 BALACLAVA ST, VANCOUVER

SUNDAY, APRIL 12, 2026
DOORS 2:30 PM | PERFORMANCE 3:00 PM
ENTRANCE BY DONATION



Spring

Bridge Luncheon Save the Date

Mon May 4th, 2026

Shaughnessy Heights UC
1550 W 33rd Ave,
Vancouver



Now Accepting Registration & Payment
Cheque made out to South Van Gogos
Etransfer to Anne Earthy @ aeathy@telus.net
Anne will also accept cash.
\$50.00 per person



South Van Gogos



All proceeds for the Grandmothers to Grandmothers Campaign.
grandmotherscampaign.org

PULLING OUT ALL THE STOPS

TO CELEBRATE
BACH'S BIRTHDAY



Scan the QR Code, or go online to
confirm your intention to attend.

MARCH 21, 2026 · 7.30 pm
St James' Anglican Church
303 E Cordova, Vancouver

Admission by Donation · please
confirm your intention to attend
by scanning the qr code below

