



Knox United Church

March 29, 2026

News & Notes

**If you have a pastoral care emergency,
please contact Rev. Richard Chung at 250-215-0703**

Upcoming Services at Knox



March 29, 2026

Palm/ Passion Sunday
"The Wrong King"
Matthew 21:1-11

April 5, 2026

Easter Sunday
"Resurrection, Slowly"
John 20:1-18

April 12, 2026

Guest Preacher
"Risen Jesus Appears to the Disciples"
Psalm 16 (VU 738), John 20:19-31

LENTEN VODCAST SERIES WITH REV RICHARD



"Real Time"

Episode 6: April 1
"The Wrong Expectations"

We often celebrate what we hope will save us,
only to discover that real change rarely looks
the way we imagined.

Holy Week Services, 2026

Knox is invited to join
other SummerSpirit churches



Maundy Thursday
7:00pm at Spanish Banks West

Good Friday
10:00am at Shaughnessy Heights United Church

Easter Sunday
6:30am - Sunrise Service
Queen Elizabeth Park Upper Lot

10:00am - Easter Sunday Service
Knox United Church

Add Your Voice: Toward 2035 Survey

Hello Friends,

The United Church of Canada has launched a short survey inviting anyone connected to the life of the church to share their awareness and experiences with Toward 2035, the framework introduced in 2025 to guide our shared direction for the next decade. You can read more about the Call and Vision behind this work on The Call and Vision webpage.

Whether you participate in worship, serve in a ministry role, volunteer, or simply feel connected to this community, your perspective is valued. The survey asks about your familiarity with Toward 2035 and what support you or our Community of Faith may need as this work unfolds.

There are no right or wrong answers. Your input will help shape future communication and resource development across the church.

Thank you for taking a few minutes to add your voice.

Warmly,
Knox United Church (Vancouver)



Estimated time: 5–10 minutes
Survey Deadline: March 31, 2026

[TAKE THE SURVEY](#)

Additional Links

[CALL AND VISION WEBSITE](#)

[TOWARD 2035](#)



Lenten Appeal

Lenten Appeal donations will go to support the Westside Churches Refugee Family Sponsorship Program.

Please use the special envelopes in the pews, online through the Knox Donation page, or e-transfer to knox5600@telus.net with a note in the message box.

[CLICK HERE FOR FOR MORE INFORMATION](#)

**Kitchen Conversations
with the Moderator**

EPISODE 1:
Pancakes with Anna and Hanah

EPISODE 3:
Chickpeas with Aaron

EPISODE 5:
Cupcakes, Lemonade with Isla

EPISODE 2:
Frittata with Julez

EPISODE 4:
Apple Pie with Sharon

EPISODE 6:
Bulla with Alydia

Join the Right Rev. Dr. Kimberly Heath for a six-part Lenten series exploring food, faith, and the power of invitation.

COFFEE AND CHAT WITH REV RICHARD

In the privacy of the Knox Vestry



WEDNESDAYS
10:00am-2:00pm

Feel free to drop in
or call him at 250-215-0703
to schedule a time.

DAILY MEDITATIONS



Find them in video, text
or printable format
at knoxvan.com

Mar 29 10:00 am Sunday Worship Service - Palm Sunday
11:00 am Fellowship Time

Mar 30 1:00 pm Monday Afternoon Social
7:00 pm Rental: Alanon

Mar 31 10:00 am Lenten Book Study w/Rev. Richard

April 1 10:00 am Coffee & Chat with Rev Richard (*Vestry*)
3:00 pm Rental: Acting UP! Musical Theatre

April 2 1:45 pm Senior's Fitness Class
7:00 pm Knox Choir Practice

April 5 10:00 am Sunday Worship Service - Easter Sunday
11:00 am Fellowship Time

Knox Weekly Calendar



Submissions for the Knox News & Notes

If you wish to submit a notice to appear in the Knox News & Notes,
please email the Knox Office at knox5600@telus.net.

The weekly deadline for submissions is Wednesday at Noon.



VANCOUVER YOUTH CHOIR'S JOURNEY TO IRELAND

The Vancouver Youth Choir has been accepted to compete at the Cork International Choral Festival in Ireland this spring. It's among the most prestigious international choral festivals in the world.

Their singers are high school and university students. Many balance school with part-time jobs, family responsibilities, or adjusting to life in a new country. Some are living on their own for the first time. VYC believes that access to professional-level artistic opportunities shouldn't depend on a family's financial situation, and that belief is what's driving this fundraising effort.

Several Knox Choir Section Leaders (*Josie Thompson & Charlie Gatley*) are VYC members and will be heading to Ireland to compete! If you'd like to help out, please click on the links below.

[CLICK HERE TO DONATE TO THE VYC IRELAND TRIP](#)

[CLICK HERE FOR MORE INFORMATION ABOUT VYC'S UPCOMING CONCERTS](#)

MONDAY AFTERNOON SOCIALS



1:00pm-4:00pm

at Knox

Puzzles



Card Games



Coffee, Tea & treats

Painting



Arts & Crafts



GAME S



Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

Thursdays

1:45pm-2:45pm

All Classes are Drop-in \$10 per week, Payable at Class (Debit, Credit, Cash)



For more information contact Knox at 604-261-3747 or email: knox5600@telus.net



Knox United Church

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Minister: Rev. Richard Chung
Board Chairperson: Susan McAlpine
Office Administrator: Sharon Bliss



Mission:

*"We exist to love God and love our neighbours"
(Matthew 22: 36-40)*

Vision:

"We aspire to engage our neighbours through the arts, building a community without loneliness"



Upcoming Concerts & Events

LA FIAMMATA

1 PIANO 1 HOUR 4 HANDS



LINDA RUAN
CHARISSA VANDIKAS

Experience an hour of profound
Romantic piano music composed for 4 hands:
Rachmaninov, Schubert, Chaminade & Saint-Saëns

KNOX UNITED CHURCH
5590 BALACLAVA ST, VANCOUVER

SUNDAY, APRIL 12, 2026
DOORS 2:30 PM | PERFORMANCE 3:00 PM
ENTRANCE BY DONATION

