



Knox United Church

May 10, 2026

News & Notes

Rev. Richard Chung will be away from April 20th to May 12th
If you have a pastoral care emergency during this time
please contact Rev. Jay Olson at 604-561-7005

Upcoming Services at Knox

May 10, 2026

John 14:15-21

Guest Preacher: LinYing Hu
 Presider: Carol Flynn

May 17, 2026

Psalm 68, Acts 1:6-14

"While We Wait"

Presider & Preacher: Rev Richard Chung



**Guest Preacher,
 May 10th, 2026**

This Sunday we welcome Linying Hu, as our guest speaker. Dr. Linying Hu is a bioethicist and anthropologist who taught at Peking University Health Science Center before moving to Vancouver in 2015 with her family. She is a student at VST and last joined us in January on VST Sunday.

In 2024, she experienced a renewed call to Christian faith and theological formation. She is grateful to be learning to follow Christ within the life of the church, bringing her academic training and life experience into deeper dialogue with faith.

Easter Appeal: UPDATE



There are only two weeks remaining to contribute to the 2026 Easter Lenten Appeal in support of our refugee families.

A total of \$2,800 has been raised to date so we urge you to give generously to this important cause, keeping in mind how you, yourself, might survive in similar conditions.

Your contribution will go twice as far thanks to a matching donation of up to \$5,000. You can donate through the Knox Donation page, e-transfer to knox5600@telus.net (please include a note), or by using an appeal envelope.

If you have already donated to this worthy cause, THANK YOU for your support.

Spring Vodcast Series with Rev. Richard

"Seven Things That Carry Us"
April 15 to May 27

Episode 5: Wonder (May 13)

The world is always larger than our assumptions.



First Forward Campaign News

You may have heard, but if you haven't, First United is moving into their new building in June! A private foundation has committed \$3.5 million to the redevelopment project on the condition that we raise the remaining amount of our fundraising goal by May 31st!! As of May 5th, we have just \$627,000 left to raise!

If you would like to contribute and help us reach our goal, you can buy a brick for \$50. All gifts will be triple matched.

[BUY A BRICK](#)



2025 General Council Strategic Plan Annual Report

The final Annual Report of the General Council's 2023-25 Strategic Plan was released on April 29, 2026 and is available on the UCC website. It highlights four of the planned strategic objectives which will be pillars of the whole-church strategy outlined in Toward 2035. More detailed quarterly reports, provided to the Executive Team, can be found by searching the General Council website.

[2025 Annual Report Release](#)

[Annual Report](#)

[Toward 2025](#)

[General Council Website](#)

DAILY MEDITATIONS

Find them in video, text or printable format at knoxvan.com



COFFEE AND CHAT WITH REV RICHARD

In the privacy of the Knox Vestry

WEDNESDAYS 10:00am-2:00pm

Feel free to drop in or call him at 250-215-0703 to schedule a time.



Knox Weekly Calendar

- May 10** 10:00 am **Sunday Worship Service**
 Guest Preacher: LinYing Hu
 Presider: Carol Flynn
- 11:00 am **Fellowship Time**
- May 11** 1:00 pm **Monday Afternoon Social**
 7:00 pm **Rental: Alanon**
- May 12** 1:00 pm **Healing Touch** *(By Appointment)*
- May 13** 10:00 am **Coffee and Chat with Rev. Richard**
 5:00 pm **Rental: Acting UP! Musical Theatre**
- May 14** 1:45 pm **Senior's Fitness Class**
 7:00 pm **Knox Choir Practice**
- May 17** 10:00 am **Sunday Worship Service**
 11:00 am **Fellowship Time & Sunday Lunch**
 Guest: Thea Sheridan-Jonah, PMRC President-Elect

Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

Thursdays
1:45pm-2:45pm

All Classes are Drop-in
 \$10 per week,
 Payable at Class
 (Debit, Credit, Cash)

For more information
 contact Knox at
 604-261-3747
 or email:
 knox5600@telus.net



MONDAY AFTERNOON SOCIALS!

1:00pm-4:00pm

at Knox

**EVERYONE
 IS
 WELCOME!**



KNOX TRIVIA

What words are carved on the Communion Table?

Last Week's Answer: The Knox Sanctuary was built in 1948



Knox United Church

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Web Admin: web@knoxvan.com

Minister: Rev. Richard Chung
Board Chairperson: Susan McAlpine
Office Administrator: Sharon Bliss



Mission:

*"We exist to love God and love our neighbours"
(Matthew 22: 36-40)*

Vision:

"We aspire to engage our neighbours through the arts, building a community without loneliness"



Submissions for the Knox News & Notes

If you wish to submit a notice to appear in the Knox News & Notes, please email the Knox Office at knox5600@telus.net.

The weekly deadline for submissions is Wednesday at Noon.



Upcoming Concerts & Events

VANCOUVER SCHOOL OF THEOLOGY 2026 CONVOCATION

Tuesday, May 12, 2026, at 7pm (PT)

Shaughnessy Heights United Church & Live Streamed
(1550 W33rd Avenue, Vancouver)

THE CHANCELLOR, BOARD, AND PRESIDENT invite you to celebrate the Vancouver School of Theology Graduating Class of 2026.

Dr. David Janzen, this year's Convocation Speaker, is Professor of Hebrew Bible/Old Testament at Durham University. His research engages historical, decolonial, and trauma-informed biblical interpretation. He trained at Princeton Theological Seminary and has taught in the United States and Guatemala.

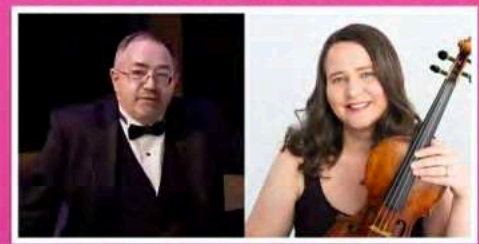
Please join VST in-person at Shaughnessy Heights United Church or live stream on VST.EDU/CONVOCAATION

A light reception will follow.



[CLICK HERE FOR MORE INFORMATION](#)

Romantic Sonatas for Violin and Piano



Friday, May 22, 2026 @ 7.30 pm
St James' Anglican Church,
303 East Cordova Street,
Vancouver

Violinist Sarah Westwick and pianist Stephen Smith invite you to an evening of intimate lyricism and expressive power. Experience Brahms's tender *Violin Sonata No 1*, "Rain Sonata", alongside the vibrant and dramatic *Violin Sonata No 2* by Dora Pejačević. This recital pairs familiar and rediscovered Romantic gems, offering a captivating journey from quiet reflection to passionate intensity.

[MORE INFORMATION](#)

[TICKETS](#)