



# Knox United Church

## May 24, 2026

### News & Notes

**If you have a pastoral care emergency,  
please contact Rev. Richard Chung at 250-215-0703**

## Spring Vodcast Series with Rev. Richard

### "Seven Things That Carry Us"

*April 15 to May 27*

#### Episode 7: Spirit (May 27)

*When our strength is not enough, something deeper carries us.*



## *Upcoming Services at Knox*

**May 24, 2026**

*Pentecost Sunday*

**Psalm 104:24-35, Acts 2:1-21**

**"When the Fire Finds Its Voice"**

Presider & Preacher: Rev Richard Chung

**May 31, 2026**

*Trinity Sunday - Communion*

**Psalm 8, Ecclesiastes 1:1-11**

**"The Endless Cycle"**

Presider & Preacher: Rev Richard Chung



## Associate Minister Search

We are seeking a vibrant, qualified person for an Associate Minister position.

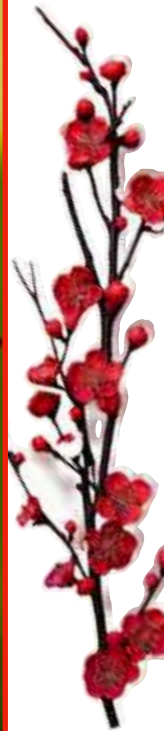
**CLICK HERE**

for more information and where to apply.

# DAILY MEDITATIONS



Find them in video, text  
or printable format  
at [knoxvan.com](http://knoxvan.com)



## COFFEE AND CHAT WITH REV RICHARD

*In the privacy of the Knox Vestry*



**WEDNESDAYS 10:00am-2:00pm**

Feel free to drop in or  
call him at 250-215-0703  
to schedule a time.

- |               |                 |  |
|---------------|-----------------|--|
| <b>May 23</b> | <b>2:00 pm</b>  | <b>Celebration of Life Service for Charles Hou</b><br><i>Reception to follow</i> |
| <b>May 24</b> | <b>10:00 am</b> | <b>Sunday Worship Service - Pentecost Sunday</b>                                 |
|               | <b>11:00 am</b> | <b>Fellowship Time</b>   |
| <b>May 25</b> | <b>1:00 pm</b>  | <b>Monday Afternoon Social</b>   |
|               | <b>7:00 pm</b>  | <b>Rental: Alanon</b>  |
| <b>May 26</b> | <b>7:00 pm</b>  | <b>Rental: BC Therapeutic Touch Society</b>                                      |
| <b>May 27</b> | <b>10:00 am</b> | <b>Coffee and Chat with Rev. Richard</b>   |
|               | <b>5:00 pm</b>  | <b>Rental: Acting UP! Musical Theatre</b>  |
| <b>May 28</b> | <b>1:45 pm</b>  | <b>Senior's Fitness Class</b>  |
|               | <b>3:00 pm</b>  | <b>Search Team Meeting (Vestry)</b>  |
|               | <b>7:00 pm</b>  | <b>Knox Choir Practice</b>   |
| <b>May 29</b> | <b>10:00 am</b> | <b>Sunday Worship Service</b>  |
|               | <b>11:00 am</b> | <b>Fellowship Time</b>   |

**Knox  
Weekly  
Calendar**



## KNOX TRIVIA

Can you name all of the Knox Ministers who's photo's hang in the Narthex?

*Last Week's Answer: The Mustard Seed Window is dedicated in memory of Eva Hallman*





# First Forward Campaign News

You may have heard, but if you haven't, First United is moving into their new building in June! A private foundation has committed \$3.5 million to the redevelopment project on the condition that we raise the remaining amount of our fundraising goal by May 31<sup>st</sup>!! As of May 5<sup>th</sup>, we have just \$627,000 left to raise!

If you would like to contribute and help us reach our goal, you can buy a brick for \$50. All gifts will be triple matched.

**BUY A BRICK**

## MONDAY AFTERNOON SOCIALS



1:00pm-4:00pm  
at Knox

Puzzles



Card Games



Painting



Arts & Crafts



Coffee, Tea & treats

## Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

Thursdays

1:45pm-2:45pm

All Classes are Drop-in \$10 per week,  
Payable at Class (Debit, Credit, Cash)



For more information  
contact Knox at 604-261-3747  
or email: [knox5600@telus.net](mailto:knox5600@telus.net)

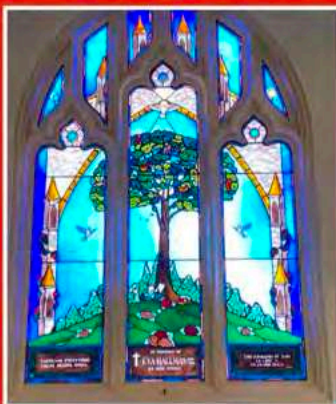


## Knox United Church

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Web Admin: [web@knoxvan.com](mailto:web@knoxvan.com)

Minister: Rev. Richard Chung  
Board Chairperson: Susan McAlpine  
Office Administrator: Sharon Bliss



**Mission:**

*"We exist to love God and love our neighbours"  
(Matthew 22: 36-40)*

**Vision:**

*"We aspire to engage our neighbours through the arts, building a community without loneliness"*



# Upcoming Concerts & Events



## I.O.D.E. "Babies in our Community" Tea

May 30, 2026 at 1:30 pm  
St. Stephen's United Church  
RSVP Deadline: May 27, 2026

Come and join this special gathering, in support of communities in northern BC, with special guest Bill Richardson. As part of the event, donations of financial contributions and warm baby clothing will be gratefully accepted.

The cost is \$35 per person, payable by cash, cheque (*payable to: Jessie F. Gordon Chapter IODE*), or e-transfer to [iodejfgchapter@gmail.com](mailto:iodejfgchapter@gmail.com)

Please R.S.V.P. to [iodejfgchapter@gmail.com](mailto:iodejfgchapter@gmail.com), and indicate if you require dairy-free and/or vegetarian options.



## Acting UP! Musical Theatre presents

### "SHREK JR"

at  
METRO THEATRE

Friday, June 12th at 7:00pm  
and

Saturday, June 13th at 2:00pm & 7:00pm

**Tickets: \$27**

(price includes all fees and taxes)

[CLICK HERE FOR TICKETS](#)

Acting UP! Musical Theatre is a group of young performers in grades 6-10. They rehearse at Knox once a week from September to June, bringing music, fun and youthful energy to the Sanctuary space. The students love working at Knox and are excited to show you what they've accomplished this year! We hope you can come out and support this amazing group of young people!

**It's fun for the whole family!**

