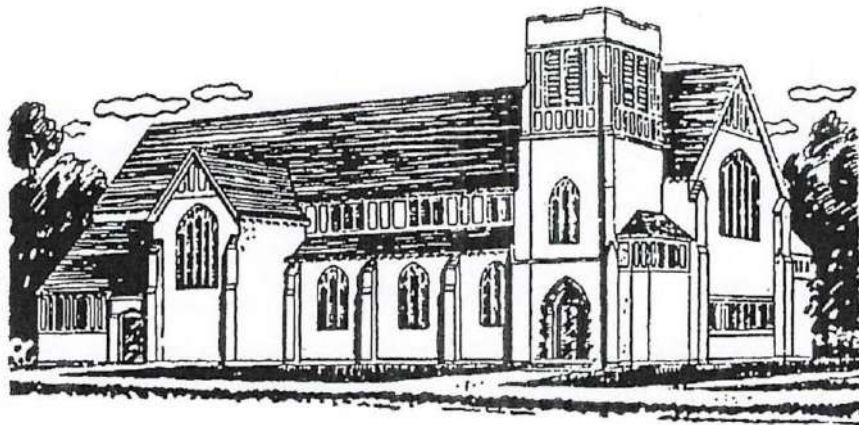


May 31, 2026

Trinity Sunday



KNOX
UNITED
CHURCH

Trinity Sunday Worship Order, 10:00 AM

(三一主日) 2026年5月31日

♪↑ Rise to sing, as you are able ♪+ Remain seated to sing

Prelude: “Simple Gifts”

序曲：“简单的礼物”

Welcoming & Candle Lighting

欢迎仪式与烛光仪式

Generations come, and generations go.

But the steadfast love of God endures forever.

The sun rises and the sun sets; the wind blows round and round.

But the Spirit of God moves through every cycle, making all things new.

What are we, that God is mindful of us?

What are we, that God should give us this day, this breath, this life?

Come — let us set down our striving.

And receive what God is already giving. Let us worship God.

♪+ **Introit:** “Slow Me Down”

引子：“放慢我的脚步”

Leader sings Phrase – Congregation echoes Response

领唱者唱句—会众回应)

Slow me down...

Slow me down...

Still my restless mind...

Still my restless mind...

Quell my fears...

Quell my fears...

Quench my thirsty soul...

Quench my thirsty soul...

Fill me with your love...

Fill me with your love...

God of Truth...

God of Truth...

God of Love....

God of Love... (repeat)

Opening Prayer (*said together*)

开场祷告 (齐声诵读)

God of all our days, we come to you as we are — tired, hurried, full of plans.

Slow us down. Quiet our hearts.

Remind us that this day, this breath, this hour together, is your gift.

Teach us to set down our striving and receive what you are already giving.

Through Christ our Lord. Amen.

♫↑ **Hymn: “Holy, Holy, Holy! Lord God Almighty”** VU 315
 赞美诗：“圣哉！圣哉！圣哉！全能的主上帝！”

♫+ **Psalm Reading: Psalm 8** VU 732
 诗篇朗读：诗篇 8

Scripture: Ecclesiastes 1:1-11 p. 536
 经文：传道书 1:1-11

♫+ **Hymn: “Come and Seek the Ways of Wisdom”** MV 10
 圣诗：“来寻求智慧之道”

Sermon: The Endless Cycle 讲道：无尽的循环

Anthem: “Every Day Is a Gift from the Lord”
 赞美诗：“每一天都是上帝的恩赐”

♫↑ **Communion Hymn: “Build a longer table”** TLUS 22
 圣餐赞美诗：“摆设更长的餐桌” (见插图) (see insert)

Dedication of Offering 奉献词

Communion 圣餐

Distribution 分发

Meditative Music: “O Rest in the Lord”
 冥想音乐：“安息在主里”

Prayers of the People

信众祷告

♫+ **Lord’s Prayer (said together)** VU 914
 主祷文（一起诵读）

**Our Father, who art in heaven,
 hallowed be thy name.
 Thy kingdom come,
 Thy will be done
 on earth as it is in heaven.
 Give us this day our daily bread;
 and forgive us our trespasses,
 as we forgive those
 who trespass against us;
 and lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.**

♫↑ **Hymn: “Long before My Journey’s Start”** MV 63
 圣诗：“在我旅程开始之前很久”

Commissioning and Benediction 差遣与祝福

♫↑ **Benediction Response: “Amen”** VU 974
 祝福回应：“阿门”

Postlude: “Blessed Assurance”
 后奏曲：“蒙福的确据”

Worship Leaders:

Presider: Rev. Richard Chung

Music Director: Colleen Coulter

Flautist: Christian Peterson

Communion Elders: Catherine Shen, Helena Ho,
 Robin O’Brien, Richard Dunsterville, Mary Graham

Live-Streaming: Kevin Wong

Scripture Reader: Mary Graham

Ministry of Music: Knox Choir

Head Usher: Dave Cass

Greeter: Wendy Trant

Webminder: Alex Danny

May 31, 2026

Trinity Sunday [Communion]

2026年5月31日 三一主日

Title: The Endless Cycle

讲道：无尽的循环

Text: Psalm 8; Ecclesiastes 1:1-11

文本：诗篇 8；传道书 1:1-11

Synopsis: All is vanity, says the Teacher of Ecclesiastes — even when you have had everything. But this is not despair. It is honesty. Beneath the endless cycle, wisdom invites us to set down the illusion that everything depends on us — and receive the quiet gift of being alive.

概要：《传道书》的作者说，一切都是虚空——

即使你拥有了一切。但这并非绝望，而是诚实。在这无尽的轮回之下，智慧邀请我们放下“一切都取决于我们”的错觉，并接受生命本身这份静谧的馈赠。

+++

Land Acknowledgment:

We acknowledge we worship on the unceded territories of the x̣'ẉṃ_əθḳ_ʷəỵ'əṃ__ (Musqueam), Ṣ_ḳẉ_x̣_wú7mesh (Squamish), and Seḷ'íḷ_witulh (Tsleil-Waututh) Nations. We thank them for having cared for this land and look forward to relating with them as covenant people of God as we continue to care for this land together.

+++

This bilingual worship order reflects our welcome toward Chinese members of the community, as part of our commitment to being a welcoming and inclusive church.

本双语礼拜程序体现了我们对社区华人朋友的欢迎，也是我们致力于成为一个欢迎并包容的教会的一部分。

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KNOX UNITED CHURCH

Mission: "We exist to love God and love our neighbours"
(Matthew 22: 36-40)

Vision: "We aspire to engage our neighbours through the arts, building a community without loneliness.

KNOX UNITED CHURCH

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