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**Daily Meditation for the week of June 21 – 27, 2026**

**June 21, 2026 (Sunday)**

**Key Verse:** Hebrews 11:1

“Now faith is the assurance of things hoped for, the conviction of things not seen.”

**Meditation:** Faith sees beyond the present moment. Trust God even when the outcome is uncertain.

**Prayer:** Lord, increase my faith. Help me trust in your promises, even when I can't see the way.  
Amen.

**June 22, 2026 (Monday)**

**Key Verse:** Matthew 22:37

“You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.”

**Meditation:** Love for God isn't partial—it involves your whole being. Give your heart to Him fully today.

**Prayer:** God, help me to love you completely—with my thoughts, my energy, and my soul.  
Amen.

**June 23, 2026 (Tuesday)**

**Key Verse:** Psalm 34:8

“O taste and see that the Lord is good; happy are those who take refuge in him.”

**Meditation:** Experience God's goodness firsthand. Take time to notice how He provides.

**Prayer:** Lord, open my eyes to your goodness. Let my soul take refuge in your care. Amen.

**June 24, 2026 (Wednesday)**

**Key Verse:** 2 Timothy 1:7

“God did not give us a spirit of cowardice, but rather a spirit of power and of love and of self-discipline.”

**Meditation:** The Spirit in you brings courage, love, and clarity. Step boldly into what God has for you today.

**Prayer:** Holy Spirit, fill me with courage and love. Help me walk in your strength and self-control.  
Amen.

### **June 25, 2026 (Thursday)**

**Key Verse:** Romans 8:28

“We know that all things work together for good for those who love God.”

**Meditation:** Even what feels broken can be used for good. Trust God's redemptive work in your life.

**Prayer:** Lord, help me trust that you are working all things for good, even when I can't see it yet. Amen.

### **June 26, 2026 (Friday)**

**Key Verse:** Psalm 55:22

“Cast your burden on the Lord, and he will sustain you.”

**Meditation:** Let go of what you're carrying. God can handle it. You don't have to do this alone.

**Prayer:** God, I lay my burdens down at your feet. Carry me in your strength today. Amen.

### **June 27, 2026 (Saturday)**

**Key Verse:** John 14:6

“I am the way, and the truth, and the life.”

**Meditation:** In a world of confusion, Jesus remains our way and truth. Follow His voice.

**Prayer:** Jesus, lead me today. Help me to follow your way and hold fast to your truth. Amen.