



Knox United Church

September 27, 2026

News & Notes

**If you have a pastoral care emergency,
please contact Rev. Richard Chung at 250-215-0703**

FALL SERMON SERIES WITH REV. RICHARD

Is the LORD Among Us? Finding God between the sea and the promise

From the night at the sea to Moses' final view of the promised land, Israel discovers that freedom does not end fear, hunger, doubt, or failure.

Again and again, the deeper question is whether God is truly among them. We will follow these stories without avoiding their difficult parts, learning a faith that can question, grieve, wrestle and --- still remain.



Upcoming Services at Knox

September 27, 2026

Exodus 17:1-7; Psalm 78:1-4, 12-16

"Water Before Answers"

Presider & Preacher: Rev Richard Chung

October 4, 2026

World Communion Sunday & Sunday Lunch

Exodus 20:1-21; Psalm 19

"When God Comes Too Close"

Presider & Preacher: Rev Richard Chung



THE LONG WAY OUT

A six-week study in Exodus with Rev Richard

Tuesdays, September 15 - October 20
10:30 - 11:45 am at Knox

Six weeks with the people God led the long way round. Each week we look at the passage before it is preached the following Sunday. Drop in any week. Nothing to read in advance. Bring your questions — including the ones you have never quite felt able to ask out loud. In this group you are allowed to say you do not like something in the Bible. Can't make Tuesday mornings? There's a version you can work through on your own — just ask.

This Week: September 29th
The commandments, and what happened next (Exodus 20)

COFFEE AND CHAT WITH REV RICHARD

In the privacy of the Knox Vestry

WEDNESDAYS 7:00 PM

No Coffee and Chat this week
due to Stat Holiday



Feel free to drop in
or call him at 250-215-0703
to schedule a time.



DAILY MEDITATIONS

Find them in video, text or printable format
at knoxvan.com

Red Bean Buns



Red Bean Buns Reading Series

Richard reads his book *Red Bean Buns* aloud,
one chapter at a time — sixteen short
reflections on family, faith, and the ordinary
moments where meaning quietly hides.

A new chapter each week; come along for
the whole journey or drop in whenever you
can.

This Week
(September 30)
"On The Bench"



Mini Job Descriptions

At the September 20th congregational meeting, I promised to provide mini job descriptions for anyone considering joining Knox's Board or Trustees. Here you go! If anyone has questions, please let me know, or chat with Rev. Richard.

Susan



TRUSTEES

In the United Church of Canada, the Board of Trustees holds a fiduciary and legal role. The Trustees act as the legal owners and custodians of the congregation's property / assets for the use and benefit of the community of faith. Core areas of responsibility include:

- Property Stewardship
- Financial Management
- Legal and Policy Compliance

Knox's Trustees meet quarterly, and occasionally attend special meetings with the Board.

Would you be a good Trustee for Knox? You are faithful and collaborative. You're principled, reliable, objective and wise. Ideally, you have some level of comfort with budgets, investments, insurance policies, &/or legal contracts – but if you're willing to learn, that works, too.



BOARD MEMBERS

In the United Church of Canada, the Board serves as the primary administrative and strategic decision-making authority for a local community of faith. Core areas of focus include:

- Strategic vision
- Fiduciary oversight & due diligence
- Spiritual leadership
- Daily operations
- Staff and volunteer support
- Representing Knox in structures and decisions of the broader church

Knox's Board meets on the last Thursday of each month for about 2 hours, and convenes for special meetings as needed.

Would you be a good Board member for Knox? Ideally, you're future-focused and excited about what Knox is doing. You're always thinking about the bigger picture. You have an authentic commitment to Knox's spiritual life. You're patient, adaptable, and open to change. You're a focused and active listener. You're decisive, and comfortable holding responsibility.

Thanksgiving Donations for Campus Ministry UBC



Food insecurity is an ongoing challenge for many students at UBC. Campus United UBC (*United Church Campus Ministry*) is collecting non-perishable food items to help support students who may be struggling to access enough food throughout the semester.

We are looking for items such as canned foods, granola bars, snacks, and other shelf-stable foods. Donations will be distributed directly to students at UBC throughout the semester.

We would be extremely thankful for any contributions. Every donation helps us provide extra support to students who may be struggling with the rising cost of food and living expenses.

Thank you for your support to the UBC community!

Sept 27 10:00 am Sunday Worship Service
11:00 am Fellowship Time

Sept 28 1:00 pm Monday Afternoon Social
7:00 pm Rental: Alanon

Sept 29 10:30 am Bible Study w/Rev. Richard (*Vestry*)

Sept 30 ALL DAY OFFICE CLOSED - Truth & Reconciliation Day

Oct 1 1:45 pm Stretch & Strength Senior's Exercise Group
7:00 pm Knox Choir Practice

Oct 4 10:00 am Sunday Worship Service- World Communion Sunday
11:00 am Sunday Lunch & Fellowship Time

KNOX
WEEKLY
CALENDAR

KNOX TRIVIA

There is a dedication plaque on the bulletin board in the Narthex.

Who donated it and in who's name?



MONDAY AFTERNOON SOCIALS!

1:00pm-4:00pm
at Knox

EVERYONE
IS
WELCOME!



KNOX WEEKLY ACTIVITIES



Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

Thursdays
1:45pm-2:45pm

All Classes are Drop-in
\$10 per week,
Payable at Class
(Debit, Credit, Cash)

For more information
contact Knox at
604-261-3747
or email:
knox5600@telus.net



Had to be There

CONCERT FOR A CAUSE

WHO: COXIBAMBA

WHAT: BRAZILIAN JAMS

WHEN: SEPTEMBER 27 @ 2 PM

WHERE: EPIPHANY CHAPEL
6030 CHANCELLOR BLVD

WHY: SUPPORT FIRST UNITED

TIX: HERE →



UHill United Church's "Had to be There: Concert for a Cause" series presents monthly concerts supporting a different organization. September's concert features Coxibamba, led by Brazilian guitarist Mario Silva.

This month, all ticket proceeds and donations collected at the door will support First United Church in Downtown Vancouver and its programs and services.

[MORE INFORMATION & TICKETS](#)



Knox United Church

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Minister: Rev. Richard Chung
Board Chairperson: Susan McAlpine
Office Administrator: Sharon Bliss



Mission:

*"We exist to love God and love
our neighbours"
(Matthew 22: 36-40)*

Vision:

*"We aspire to engage our
neighbours through the arts,
building a community without
loneliness"*

Deadline for Submissions to the Knox News & Notes is Wednesday at Noon.