



Knox United Church

October 18, 2026

News & Notes

**If you have a pastoral care emergency,
please contact Rev. Richard Chung at 250-215-0703**

Upcoming Services at Knox

October 18, 2026

Exodus 33:12-23; Psalm 99
"If You Do Not Go with Us"

Presider & Preacher: Rev Richard Chung

October 25, 2026

Deuteronomy 34:1-12; Psalm 90:1-6, 13-17
"A Future Beyond Us"

Presider & Preacher: Rev Richard Chung

THE LONG WAY OUT

**A six-week study in Exodus
with Rev Richard**



Tuesdays
September 15 -
October 20
10:30 - 11:45 am
at Knox

Six weeks with the people God led the long way round. Each week we look at the passage before it is preached the following Sunday. Drop in any week. Nothing to read in advance. Bring your questions — including the ones you have never quite felt able to ask out loud. In this group you are allowed to say you do not like something in the Bible. Can't make Tuesday mornings? There's a version you can work through on your own — just ask.

This Week: Oct 20:
Moses dies outside the country (Deuteronomy 34)

Red Bean Buns

*Slow wisdom for an
Ordinary life*
Richard Yung Chung

Red Bean Buns Reading Series

Richard reads his book *Red Bean Buns* aloud, one chapter at a time — sixteen short reflections on family, faith, and the ordinary moments where meaning quietly hides.

A new chapter each week; come along for the whole journey or drop in whenever you can.

This Week
(October 21)

More Than Enough. (Series finale)

DAILY MEDITATIONS

Find them in video, text or printable format at knoxvan.com

KNOX WEEKLY CALENDAR

Oct 18	10:00 11:00	am am	Sunday Worship Service Fellowship Time
Oct 19	1:00 7:00	pm pm	Monday Afternoon Social Rental: Alanon
Oct 20	10:30 7:00	am pm	Bible Study w/Rev. Richard (<i>Vestry</i>) Rental: BC Therapeutic Touch Society
Oct 21	1:00 5:00	pm pm	Celebration of Life Service for Endre (Andy) Jakoy with a light reception to follow Rental: Acting UP! Musical Theatre
Oct 22	1:45 7:00	pm pm	Stretch & Strength Senior's Exercise Group Knox Choir Practice
Oct 25	10:00 11:00	am am	Sunday Worship Service Fellowship Time

Stretch, Strength & Balance

Seniors' Fitness Classes at Knox

Thursdays
1:45pm-2:45pm

All Classes are Drop-in
\$10 per week,
Payable at Class
(Debit, Credit, Cash)

For more information
contact Knox at
604-261-3747
or email:
knox5600@telus.net

KNOX WEEKLY ACTIVITIES

MONDAY AFTERNOON SOCIALS

It's
Fun!

1:00pm-4:00pm
at Knox

Puzzles



Painting



Card
Games

Arts &
Crafts



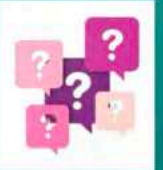
B
O
G
A
M
E
S
R
D
Coffee, Tea
& treats

KNOX TRIVIA

All of the windows in the Sanctuary have a specific shape hidden in them. What is it?

Last Week's Answer:

The wall surrounding the stained glass window in the chancel used to be red to match the red carpet.



Celebrate our United Churches year round!



This bilingual calendar notes church seasons, liturgical colours, significant United Church days, and lectionary dates.

United Church Bookstore • UCRDstore.ca

2027 Canadian Church Calendar

Are you interested in pre-purchasing the 2027 United Church Calendar for \$10.00

An order will be sent to the United Church Bookstore on November 16th so don't miss your chance to get one today.

A sign up sheet will be placed in the Narthex or contact the office to order.



St. John's Shaughnessy Anglican Church
(1490 Nanton Ave @ Granville Street)

Friday Oct 30 @ 7:30 pm – 8:30 pm

Join us for a fun-filled evening of spooky and scary music!
Come in costume!

Treats for kids (and the young at heart) after the concert.

The RCCO 20th Annual Hallowe'en Concert

Friday, October 30 • 7:30 pm

St John's Shaughnessy Anglican Church,
1490 Nanton Street

Celebrate Hallowe'en with an evening of exceptional organ music! Gilles Parenteau, whose career includes composing for CBC Radio and Television, brings his innovative approach to the King of Instruments in a spectacular live performance blending organ, orchestral, and percussion elements.

Visit the RCCO website for event details and information about the performers. Registration is free, with admission by donation.

Reservations are held until 7:15 pm; after that, seating is subject to availability.

More Information
Reserve your spot now

UHill Concerts for a Cause

University Hill's next Concert for a Cause
is coming up on



**Sunday, October 18, at 2pm
in the Chapel of the Epiphany**

This month, we'll be welcoming Marie Dresselhuis and My Sister Maria, two wonderful, local singer-songwriters, who delight audiences with beautiful music, delightful stories, and their generally delightful presence.

It's going to be a great time! We'll be raising money to support the Vancouver Extracurricular Music Society (<https://www.vems.ca/>).

Thanks to the ProVision fund, all ticket sales will go to VEMS.

[CLICK HERE FOR TICKETS](#)

**vancouver
cantata
singers**
Paula Kremer, Artistic Director

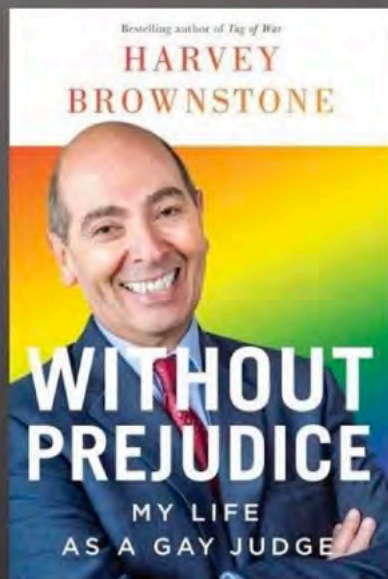
The first half of the 26/7 season is announced:

MUSIC FOR THE MASSES

BEATITUDE
October 24th, 2026

CHRISTMAS REPRISE XXIII
December 19th, 2026

Subscriptions and tickets on sale now. For more information:
vancouvercantatasingers.com



MEET THE AUTHOR

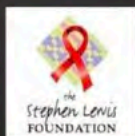
Sat Nov 7th 7pm

Shaughnessy Heights
United Church
1550 W 33rd Ave
Vancouver

All Proceeds go to
Grandmothers to Grandmothers

tickets
here

Books for sale at Sparkling Reception



**South Van
Gogos**



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Minister: Rev. Richard Chung
Board Chairperson: Susan McAlpine
Office Administrator: Sharon Bliss

Knox United Church



Mission:

*"We exist to love God and love our neighbours"
(Matthew 22: 36-40)*

Vision:

*"We aspire to engage our neighbours through the arts,
building a community without loneliness"*